



Hanover County Public Schools

2017-2021 Wellness Policy Triennial Assessment



Crunch Heard Around the Commonwealth – Rural Point Elementary School, 2019

Overview & Purpose

In accordance with the Final Rule of the Federal Healthy, Hunger Free Kids Act of 2010 and the Virginia Administrative Code: 8VAC20-740, Hanover County Public Schools (HCPS) presents the 2017-2021 Triennial Assessment which includes the timeframe from June 30th, 2017 to June 30th, 2021. The Triennial Assessment indicates updates on the progress and implementation of HCPS's Wellness Policy and wellness initiatives, and provides required documentation of actions, steps, and information as outlined in the Final Rule. The school(s) included in this Triennial Assessment are: Atlee High School (HS), Battlefield Park Elementary School (ES), Beaverdam ES, Bell Creek Middle School (MS), Chickahominy MS, Cold Harbor ES, Cool Spring ES, Elmont ES, The Georgetown School, The Hanover Center for Trades & Technology, Hanover HS, Henry Clay ES, John M. Gandy ES, Kersey Creek ES, Laurel Meadow ES, Liberty MS, Mechanicsville ES, Mechanicsville HS, Oak Knoll MS, Patrick Henry HS, Pearson's Corner ES, Pole Green ES, Rural Point ES, South Anna ES, and Washington-Henry ES.

Authority & Responsibility Designee(s)

Review, updates, and evaluation of the wellness policy and completion of the triennial assessment is a collaborative effort amongst several individuals and committees including: Supervisor of Nutrition Services, Health Services Coordinator, Health and Physical Education Curriculum Specialist, and School Health Advisory Board (SHAB). For more information regarding the triennial assessment, please reach out to the Supervisor of Nutrition Services at 804-365-4566.

Wellness Policy

The Hanover County School Board acknowledges the link between student health and learning and is committed to providing school environments that promote and protect children's health, well-being, and ability to learn by ensuring environments for all students to practice healthy eating and physical activity behaviors throughout the school day. Hanover County Public Schools updates and/or modifies the Wellness Policy as appropriate to meet these standards of student wellness. The Wellness Policy has undergone updates over the years to align with the goals and direction of our district to better serve the students. Our policy was originally adopted on July 10th, 2006, with revisions on August 11th, 2015 and July 11th, 2017.

The purpose of this regulation is to provide HCPS the necessary structure to implement and document the district standards as they relate to wellness during the regularly scheduled school day. Current HCPS wellness standards include all required regulations per the USDA Local School Wellness Policy Implementation final rule published on July 29, 2016. The policy is made available to the public through our webpage. The Hanover County Public Schools Wellness Policy can be found at:

http://hcps.us/about_us/policy_manual/6_instruction/instructional_program#6-3.19

School Wellness Committee

Hanover County Public Schools has established School Wellness Champions of one or more school officials who have the authority and responsibility to ensure each school complies with the Wellness Policy. A School Level Report card was distributed and completed based upon meeting the standards of HCPS's Wellness Policy. The Wellness Policy Leadership committee meets at least three times per year during our SHAB meetings for periodic review and update of the Wellness Policy. The general public and the school community are allowed and encouraged to participate in the Wellness Policy process. This may include parents, students, representatives of the School Food Authority (SFA), teachers, school health professionals, and the School Board and school administrators. Through the use of a Local Wellness Policy Subcommittee (LWPS) and SHAB, the school community shall work collaboratively to ensure that wellness policy rules and regulations are consistent with district educational and budgetary goals and that they are designed to optimize the health and well-being of students.

HCPS will actively inform families and the public each year of basic information about this policy, including any updates to its content and implementation status. This information will be made available on the HCPS website and approved district-wide communications. HCPS will provide as much information as possible about the school nutrition environment. This will include a summary of school events or activities related to wellness policy implementations on each individual schools' webpage. HCPS will publicize the name and contact information of the SHAB designated official and LWPS members, as well as information on how the public can get involved with the school wellness committee.

The division registered dietitian, Robert Leonard, with support from the division nurse, Terry Woody, the Health and Physical Education Curriculum Specialist, Adam Otstot, and the School Health Advisory Board, shall implement and ensure compliance with the policy by leading the review, update, and evaluation of the policy.

Wellness Policy Compliance

Hanover County Public Schools must review and update, when needed, the Wellness Policy every three years, at a minimum. The final rule requires State Agencies to assess compliance with the Wellness Policy requirements as a part of the general areas of the Administrative Review every three years. Compliance was evaluated through the distribution of School Level Report Cards to our designated Wellness Champions of nurses, physical education teachers, and cafeteria managers for all of our 25 school sites (15 elementary schools, 4 middle schools, 4 high schools, and 1 alternative school, 1 technical center).

The School Level Report Card is a tool used to assess our baseline progress of our Student Wellness Policy implementation and adherence for our schools individually and collectively as a school division. Areas including, but not limited to: Student Wellness – Health Services, Student

Wellness – Food Services, Student Wellness – Physical Activity and Classroom Nutrition Education, and Student Wellness – Other School Based Initiatives and Activities were measured for compliance within our School Wellness Policy.

All 25 school sites completed this assessment during the 2020-2021 school year led by designated school wellness champions. A division level report card was created to show “Fully in Place” or “Partially in Place” compliance. A School Level Report Card example is inserted later in this documentation. School Level Report Cards for a specific school are available for review by contacting a School Wellness Committee member mentioned. It is important to note that HCPS virtual Elementary, Middle, and High Schools are not an actual site and therefore did not complete an assessment based on these guidelines.

The data presented below was meant to assess baseline progress of our School Wellness Policy implementation and progress. While these are standards and guidelines we measured in our Triennial Assessment, there are many other wellness-related practices HCPS observes throughout the school division.

**Standards and Nutrition Guidelines for all Foods and Beverages Sold
(Question IV on VDOE School Level Report Card)**

Standard/Guideline	Met	Not Met
We follow federal school meal nutrition standards for all foods and beverages available for sale on campus during the school day.	FULLY IN PLACE	
We have implemented Smart Snacks nutrition standards for ALL items sold during school hours, including: a la carte offerings, items in school stores, and items in vending machines.		PARTIALLY IN PLACE 24/25
We follow Hanover County Public School’s policy on exempt fundraisers as outlined in our Division’s Wellness Policy.	FULLY IN PLACE	
We provide assurance that nutrition guidelines and regulations for Federal programs are being followed, as they apply to meals and snacks provided for or purchased by students during the school day.	FULLY IN PLACE	
Free, safe, unflavored drinking water is available to all students throughout the school day.	FULLY IN PLACE	

**Standards and Nutrition Guidelines for all Foods and Beverages Sold
(Question V on VDOE School Level Report Card)**

Standard/Guideline	Met	Not Met
We follow Hanover County Public school’s policy on standards for all foods and beverages provided, but not sold, as outlined in our Division’s Wellness Policy.		PARTIALLY IN PLACE 24/25

**Policy for Food and Beverage Marketing
(Question VI on VDOE School Level Report Card)**

Standard/Guideline	Met	Not Met
All food and beverage marketing meet Smart Snacks standards.	FULLY IN PLACE	
The School nutrition department communicates nutrition and wellness information to families via messages on menus, school newsletters, cafeteria signs and posters, and through the division website.	FULLY IN PLACE	

Description of Public Involvement

Standard/Guideline	Met	Not Met
Hanover County Public Schools permits participation by the general public and the school community in the Wellness Policy process. This includes parents, students, and representatives of the School Food Authority, teachers of physical education, school health professionals, the School Board, and school administrators.	FULLY IN PLACE	

Description of Public Updates

Standard/Guideline	Met	Not Met
The Wellness Policy is made available to the public on an annual basis, at minimum. This includes any updates to and about the Wellness Policy.	FULLY IN PLACE	

Standard/Guideline	Met	Not Met
The Triennial Assessment, including progress toward meeting the goals of the policy, will be made available to the public on or before June 30, 2021.	FULLY IN PLACE	

Description of Policy Leadership

Standard/Guideline	Met	Not Met
Hanover County Public Schools established a Wellness Policy leadership of one or more LEA's and/or school official(s) who have the authority and responsibility to ensure each school complies with the policy.	FULLY IN PLACE	

Description of Evaluation Plan

Standard/Guideline	Met	Not Met
The School Wellness Committee and SHAB will update or modify the wellness policy based on the results of the annual School Health Index and triennial assessments and/or as HCPS priorities change; community needs change; wellness goals are met; new health science, information, and technology emerges; and new Federal or state guidance or standards are issued.	FULLY IN PLACE	

Progress towards Nutrition Promotion and Education Goals (Question I on VDOE School Level Report Card)

Description	Met	Not Met
Hanover County Public Schools promote programs in the area of nutrition education that encourages student wellness through recognizing national nutrition-related holidays (i.e. National School Lunch and Breakfast Program Week, National Nutrition Month, Farm-To-School Week, etc.)	FULLY IN PLACE	
A reminder about the Smart Snacks in Schools standards will be disseminated to school administrators each year for their reference in working with their teachers, staff and parents in planning activities and fundraisers.	FULLY IN PLACE	

Description	Met	Not Met
Community is made aware of the benefits for reduced price and free meals for students who meet the qualifications for assistance. More information can be found at http://hcps.us/departments/school_nutrition .	FULLY IN PLACE	
Access to menus and nutritional information are posted on our division's website and contact information readily available for comments, questions, or concerns to the school nutrition department.	FULLY IN PLACE	

**Progress towards Physical Activity Goals
(Question II on VDOE School Level Report Card)**

Description	Met	Not Met
All students K-10 are given opportunities for physical activity during the school day through recess periods and physical education classes. Elementary students, on average, have at least 30 minutes of daily recess.	FULLY IN PLACE	
Elementary students receive 40-50 minutes of physical education weekly. Middle school students receive approximately 90 minutes of physical education every other day due to block instructional schedules. High school students in grades 9 and 10 also received 90 minutes of physical education every other day. Two physical education credits are required for graduation.	FULLY IN PLACE	
A program of physical activity is available to all students in grades kindergarten through five consisting of at least 20 minutes per day or an average of 100 minutes per week during the regular school year and available to all students in grades six through 12 for at least 150 minutes per week on average during the school year. Such programs may include any combination of physical education classes, extracurricular activities, recess, or other programs and activities.	FULLY IN PLACE	

**Progress towards other School-Based Wellness Activity Goals
(Question III on VDOE School Level Report Card)**

Description	Met	Not Met
The School Health Advisory Board (SHAB) worked collaboratively to review policies to optimize the health and well-being of our students. The existence of a Coordinated School Health Team to ensure that the wellness policy rules and regulations are consistent with division educational and budgetary goals, and that they are designed to optimize the health and well-being of students.		PARTIALLY IN PLACE 24/25
School Health Services completed vision and hearing screening on all students in Kindergarten, third, seventh, and tenth grade. The division used a photo screener that screens for far and near vision as well as astigmatism and strabismus (lazy eye). Students referred for potential vision problems and were unable to seek medical care based on economic barriers received a Gift Certificates from <i>Sight for Students</i> that covered a comprehensive eye exam and a pair of glasses if needed.		PARTIALLY IN PLACE 24/25
There are existing opportunities for faculty, staff, and parents to model healthy behaviors in the school environment.	FULLY IN PLACE	
Earned the Sports Backers Active RVA Award for demonstrating a culture of activity and wellness.		PARTIALLY IN PLACE 22/25
There are at least two CPR-certified staff members working full-time at the building.	FULLY IN PLACE	
Classroom parties were limited to two per year and non-food celebrations were encouraged. Celebrations that revolved around crafts, games, and other activities were encouraged as a way to limit unhealthy food items as well as allow more participation by students with food allergies and intolerances.		PARTIALLY IN PLACE 24/25

Quality of our HCPS Wellness Policy

Thoroughly reviewed by USDA Food and Nutrition Service, the Alliance for a Healthier Generation's model policy template is in compliance with the requirements set forth in the final rule. The Policy was met to the greatest extent possible during the 2020-2021 school year. Any limitations were in response to COVID-19 protocols and to ensure compliance with the HCPS Health Plan.

The HCPS Wellness Policy uses the Alliance for a Healthier Generation's model policy template as the foundation of our own policy components. In addition to utilizing the model policy template, SHAB meets to discuss more specific wellness policy actions HCPS will take and incorporate into our Wellness Policy. One focus we would like to improve on is discussing the progress of Wellness Policy initiatives at each SHAB meeting. This allotted time will be spent discussing updates and reminders regarding our Wellness Policy to our SHAB members to continue the conversation for student wellness.

Our district offers a school meal program at all grade levels which follows the meal patterns, nutritional standards, and guidelines of the National School Breakfast (NSB) and National School Lunch Program (NSLP) as established by the United States Department of Agriculture (USDA) and the Virginia Department of Education, Office of School Nutrition Programs. HCPS is committed to offering school meals through the NSLP and SBP programs that: are accessible to all students, meet or exceed current nutrition requirements established by the Federal or state authorities, are consistent with the federal government Dietary Guidelines for Americans, promote healthy food and beverage choices, utilize student taste testing opportunities to inform menu development, and posting menus on the HCPS menu website including nutrition information, ingredients and allergens for all foods.

Physical education (P.E.) teachers follow the physical education Standards of Learning for health and physical education. The standards are intended to provide students with the necessary knowledge, processes, and skills to become physically educated, physically fit, and make healthy choices for a lifetime. Physical education instruction is provided by a certified physical education teacher. Comprehensive fitness and nutrition-based lessons address Standards of Learning specific to elementary, middle, and high school students.

Elementary students receive 40-50 minutes of physical education weekly. Middle school students receive approximately 90 minutes of physical education every other day due to block instructional schedules. High school students in grades 9 and 10 also receive 90 minutes of physical education every other day. Two physical education credits are required for graduation.

HCPS will promote to parents/caregivers, families, and the general community the benefits or and approaches for healthy eating and physical activity throughout the school year. Families will be informed and invited to participate in school-sponsored activities and will receive information

about health promotion efforts. Families will be notified through electronic and non-electronic mechanisms of opportunities to participate in health-related activities.

Faculty, staff and parents are encouraged to serve as role models in promoting health and wellness in the school environment. An employee wellness program is available to all HCPS faculty and staff. The district ensures that the Local Wellness Policy aligns with the Alliance for a Healthier Generation's Model Wellness Policy.

Progress towards Goals

Hanover County Public Schools has been successful in complying to our local wellness policy, with some areas meeting full expectations and others partially. As a division, we did not fully meet our goal of 100% in the areas including: "Standards and Nutrition Guidelines for all Foods and Beverages Sold", "Progress towards Nutrition Promotion and Education Goals", "Progress towards Physical Activity Goals", and "Progress towards other School-Based Wellness Activity Goals". We did, however, meet our goal of meeting full expectations for the areas including: "Policy for Food and Beverage Marketing", "Description of Policy Leadership", and "Description of Public Updates".

Areas of Growth

After reviewing the results of the school level report cards, we have determined areas of improvement we strive to develop and strengthen moving forward. We identified an area of growth in identifying and keeping track of who each school's fundraiser designee is for tracking exempt fundraisers. The local educational agency (LEA) is responsible for tracking exempt fundraisers, which can be found in Virginia Code 8VAC20-740, and permits a maximum of 30 fundraisers per school, per year. Our solution is utilizing a tracking tool to better identify the fundraiser designees at each school, and provide them with contact information to wellness committee leadership should they require additional technical assistance with the process of tracking.

With regards to the Physical Activity Goals, it would be great to be able to increase the amount of student physical activity time throughout the day, but likely this increase will need to happen in two ways. The first is related specifically to non-HPE teachers and their ability to incorporate physical activity into non-HPE content throughout the day. Providing brain breaks, intentional fitness activities during content transition times, and structuring lessons during their classes that get students moving are three ways this can be done. This would be hard to track through anything other than classroom observations or through lesson plan documents. The second would be specifically related to HPE instruction. Especially at the secondary level, analyzing how we can utilize the space we have to spread students out during their HPE time so that there can be more time-on-task and a greater percentage of moderate-to-vigorous physical activity time during the class period. This will take more than thoughtful and purposeful planning on the part of the HPE staff, but will need to be a schoolwide effort to examine scheduling, staff allocation, and facility usage to provide the canvas for the HPE staff to implement instruction that can accomplish this task. This would again be measured by classroom observations and lesson plan documentation.

Wellness Initiatives, Recognitions, and Successes

Though some areas of growth were identified, we also observed many impactful areas HCPS is proud of. One area HCPS focused on over the past couple years has been engaging the community, students, and parents into our SHAB meetings. This has allowed a more integrated discussion on current wellness-related events, and has allowed valuable input from student and community members. We increased our SHAB meetings from 2 to 3 this past year. During our meetings, an emphasis on hand and respiratory etiquette has made a huge difference in the amount of illness noted, especially the decrease in cases of influenza. Additionally, the Social Emotional Learning (SEL) committee developed a survey that students and staff completed at the beginning of the year. The counselors reviewed them to see where the school community was on emotional health. It gave an option for students to be able to reach out for someone to talk with them individually if needed. Staff also were encouraged to list types of emotional wellness programs that would help them. Programs have been developed by various staff members and are in place. We also started quarterly mindfulness sessions that are implemented for employees (1 four-week session per quarter). In addition, the Active RVA Workplace certification was offered for 2020-2021 school year, and Hanover County Public Schools employees were awarded the workplace certification.

We are also satisfied with Nutrition Services and their focus on meeting federal guidelines in order to provide students access to healthy foods throughout the school day – both through reimbursable school meals and other foods available throughout the school’s campus – in accordance with Federal and state nutrition standards. Through the participation in NSLP, NSBP, and SFSP, HCPS aims to improve the diet and health of school children, help mitigate childhood obesity, model healthy eating to support the development of lifelong healthy eating patterns and support healthy choices while accommodating cultural food preferences and special dietary needs.

With regards to Physical Activity Goals, we have received the Active RVA Award at many schools throughout the division over the past three years. In 2017/18, 68% of our schools received this award, 84% in 2018/19, and 88% in 2019/20, respectively. In addition, this year we have had a very active SEL (Social Emotional Learning) Committee, and the division has created and provided three focused courses to employees to address social and emotional learning and mental wellness:

1. Using Mindfulness and Yoga to Impact Classroom Climate
2. Trauma and Compassionate Teaching
3. Thriving Over Surviving: Managing Modern-Day Stress

Goals for the Next Three Years (2020-2023)

Focusing on wellness in HCPS's will continue to be a commitment to work on for many years to come. Below we have listed goals to be completed by the next triennial assessment:

For the food services program as a whole, we would say the goals are as follows:

1. An annual reminder about the Smart Snack in Schools standards will be disseminated to all schools and administrators. Currently 88% of schools met this criterion, but we will strive for 100%
2. Incorporate alternative breakfast models, such as grab-and-go breakfast, to increase student participation.
3. All schools will continue to be compliant with fundraising with items that meet Smart Snacks in School Nutrition Standards.

For the HPE program as a whole, we would say the goals are as follows:

1. Revise the HCPS HPE Curriculum to align with current Virginia State Standards of Learning
2. Provide training necessary to align instruction and assessment with the HCPS curriculum to ensure division-wide implementation with fidelity.
3. Secure and implement technology into HPE courses to assist with student assessment, state standard mastery, and to increase student engagement.
4. Expand programmatic course offerings to include additional HPE electives and opportunities for additional physical education and physical activity throughout a student's high school career.

For our SHAB meetings as a while, we would say the goals are as follows:

1. To encourage more parent and student participation within our committee as a vital part of reviewing, revising, and considering new policy.
2. To encourage guest speakers who are experts in areas of concern for our division, and continue to emphasize hand hygiene and respiratory etiquette as a means to reduce spread of germs.
3. The SHAB committee will support the efforts of our SEL committee to meet the social and emotional needs of our school community.

On the following page is an example of a School Level Report Card used at each school to assess Wellness Policy compliance.



Office of School Nutrition Programs

School Level Report Card Tool for the Triennial Assessment

This tool is intended to help schools track their degree of compliance to regulations and progress towards attaining the goals of their school division's Local School Wellness Policy. Complete this tool at the school level by entering the requested information and selecting "Yes" or "No" in sections I-VI to indicate whether goals were obtained and/or guidelines were met. Return the completed tool to the designee to assist in the completion of the Triennial Assessment.

Division Name: Hanover County Public Schools

School Name:

Date of Evaluation:

Select all grade levels in your school or select N/A if ungraded:

- | | |
|--------------------------------|-----------------------------|
| <input type="checkbox"/> N/A | <input type="checkbox"/> 8 |
| <input type="checkbox"/> Pre-K | <input type="checkbox"/> 9 |
| <input type="checkbox"/> K | <input type="checkbox"/> 10 |
| <input type="checkbox"/> 1 | <input type="checkbox"/> 11 |
| <input type="checkbox"/> 2 | <input type="checkbox"/> 12 |
| <input type="checkbox"/> 4 | |
| <input type="checkbox"/> 5 | |
| <input type="checkbox"/> 6 | |
| <input type="checkbox"/> 7 | |

I. Nutrition Promotion and Education

Our school meets the specific goals for nutrition promotion and education as outlined in our Wellness Policy:

- **Promote programs in the area of nutrition education that encourages student wellness through recognizing national nutrition-related holidays (i.e. National School Lunch and Breakfast Program Week, National Nutrition Month, Farm-To-School Week, etc).**

Yes No

- **A reminder about the Smart Snacks in Schools standards will be disseminated to school administrators each year for their reference in working with their teachers, staff and parents in planning activities and fundraisers.**

Yes No

- **Community is made aware of the benefits for reduced price and free meals for students who meet the qualifications for assistance. More information can be found at http://hcps.us/departments/school_nutrition.**

Yes No

- **Access to menus and nutritional information are posted on our division's website and contact information readily available for comments, questions, or concerns to the school nutrition department.**

Yes No

II. Physical Activity

Our school meets the specific goals for physical activity as outlined in our Wellness Policy:

- **All students K-10 are given opportunities for physical activity during the school day through recess periods and physical education classes. Elementary students, on average, have at least 30 minutes of daily recess.**

Yes No

- **Elementary students receive 40-50 minutes of physical education weekly. Middle school students receive approximately 90 minutes of physical education every other day due to block instructional schedules. High school students in grades 9 and 10**

also received 90 minutes of physical education every other day. Two physical education credits are required for graduation.

Yes No

- **A program of physical activity is available to all students in grades kindergarten through five consisting of at least 20 minutes per day or an average of 100 minutes per week during the regular school year and available to all students in grades six through 12 for at least 150 minutes per week on average during the school year. Such programs may include any combination of physical education classes, extracurricular activities, recess, or other programs and activities.**

Yes No

III. Other School-Based Wellness Activities

Our school meets specific goals for other school-based activities that promote student wellness as outlined in our Wellness Policy:

- **The School Health Advisory Board (SHAB) worked collaboratively to review policies to optimize the health and well-being of our students. The existence of a Coordinated School Health Team to ensure that the wellness policy rules and regulations are consistent with division educational and budgetary goals, and that they are designed to optimize the health and well-being of students.**

Yes No

- **School Health Services completed vision and hearing screening on all students in Kindergarten, third, seventh, and tenth grade. The division used a photo screener that screens for far and near vision as well as astigmatism and strabismus (lazy eye). Students referred for potential vision problems and were unable to seek medical care based on economic barriers received a Gift Certificates from *Sight for Students* that covered a comprehensive eye exam and a pair of glasses if needed.**

Yes No

- **There are existing opportunities for faculty, staff, and parents to model healthy behaviors in the school environment.**

Yes No

- **Earned the *Sports Backers Active RVA* Award for demonstrating a culture of activity and wellness.**

Yes No

- **There are at least two CPR-certified staff members working full-time at the building.**

Yes No

- **Classroom parties were limited to two per year and non-food celebrations were encouraged. Celebrations that revolved around crafts, games, and other activities were encouraged as a way to limit unhealthy food items as well as allow more participation by students with food allergies and intolerances.**

Yes No

IV. Standards and Nutrition Guidelines for All Foods and Beverages Sold

Our school meets the standards and nutrition guidelines for all foods and beverages sold to students on the school campus during the school day that are consistent with federal and state regulations:

- **Hanover County Public Schools (HCPS) follow federal school meal nutrition standards for all foods and beverages available for sale on campus during the school day.**

Yes No

- **We have adopted and implemented Smart Snacks nutrition standards for ALL items sold during school hours, including a la carte offerings and food sold in school stores and vending machines.**

Yes No

- **We follow Hanover County Public School's policy on exempt fundraisers as outlined in our Division's Wellness Policy pursuant to current regulations § 22.1-207.4 of the *Code of Virginia*.**

Yes No

- **Provide assurance that nutrition guidelines and regulations for Federal programs are being followed, as they apply to meals and snacks provided for or purchased by students during the school day.**

Yes No

- **Free, safe, unflavored drinking water is available to all students throughout the school day.**

Yes No

V. Standards for All Foods and Beverages Provided, But Not Sold

Our school meets the requirements for nutrition standards for all foods and beverages provided, but not sold, to students during the school day (e.g. in classroom parties, classroom snacks brought by parents, or other foods given as incentives):

- **We follow Hanover County Public School’s policy on standards for all foods and beverages provided, but not sold, as outlined in our Division’s Wellness Policy.**

Yes No

VI. Policy for Food and Beverage Marketing

Our school meets the standards that allow marketing and advertising of only those foods and/or beverages that meet the Smart Snacks nutrition standards.

- **All food and beverage marketing meet Smart Snacks nutrition standards.**

Yes No

- **The school nutrition department communicates nutrition and wellness information to families via messages on menus, school newsletters, cafeteria signs and posters, and through the division website.**

Yes No

VII. Progress

Include any additional wellness practices taking place and describe progress made in attaining the goals of your Wellness Policy:

- **School food service personnel use products and food preparation techniques that aim to maximize nutrient density and reduce the fat, sodium, and sugar content in meal offerings.**
- **Progress: Menus are planned and reviewed regularly to encourage student consumption of healthier foods and beverages at all school levels featuring fruits, vegetables, whole grains, low-fat dairy products, lower sodium foods, and 100% fruit juice.**

VIII. Contact

The Wellness Policy leadership includes one or more school officials who have the authority to ensure each school complies with the policy. This individual may be contacted for more information about the Wellness Policy practices at _____(school name).

Name:

Position/Title:

Email:

Phone:

Return this completed report card to your Wellness Policy designee or other individual responsible for completing the Triennial Assessment.

If you have questions regarding:

- **School Nutrition:** Robert Leonard
- **Email:** rleonard@hcps.k12.va.us; **Phone:** (804) 365-4654

- **Health and Physical Education:** Adam Otstot
- **Email:** aotstot@hcps.us; **Phone:** (804) 365-4555

- **Community Wellness or Other School-related Activities:** Terry Woody
- **Email:** twoody@hanover.k12.va.us; **Phone:** (804) 365-4557